



Nidhidhyasan

path to Sustainable learning



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Few facts.....

There's no beginning & there's no end.



Few facts.....

The only thing that
is constant is change.
~ Heraclitus



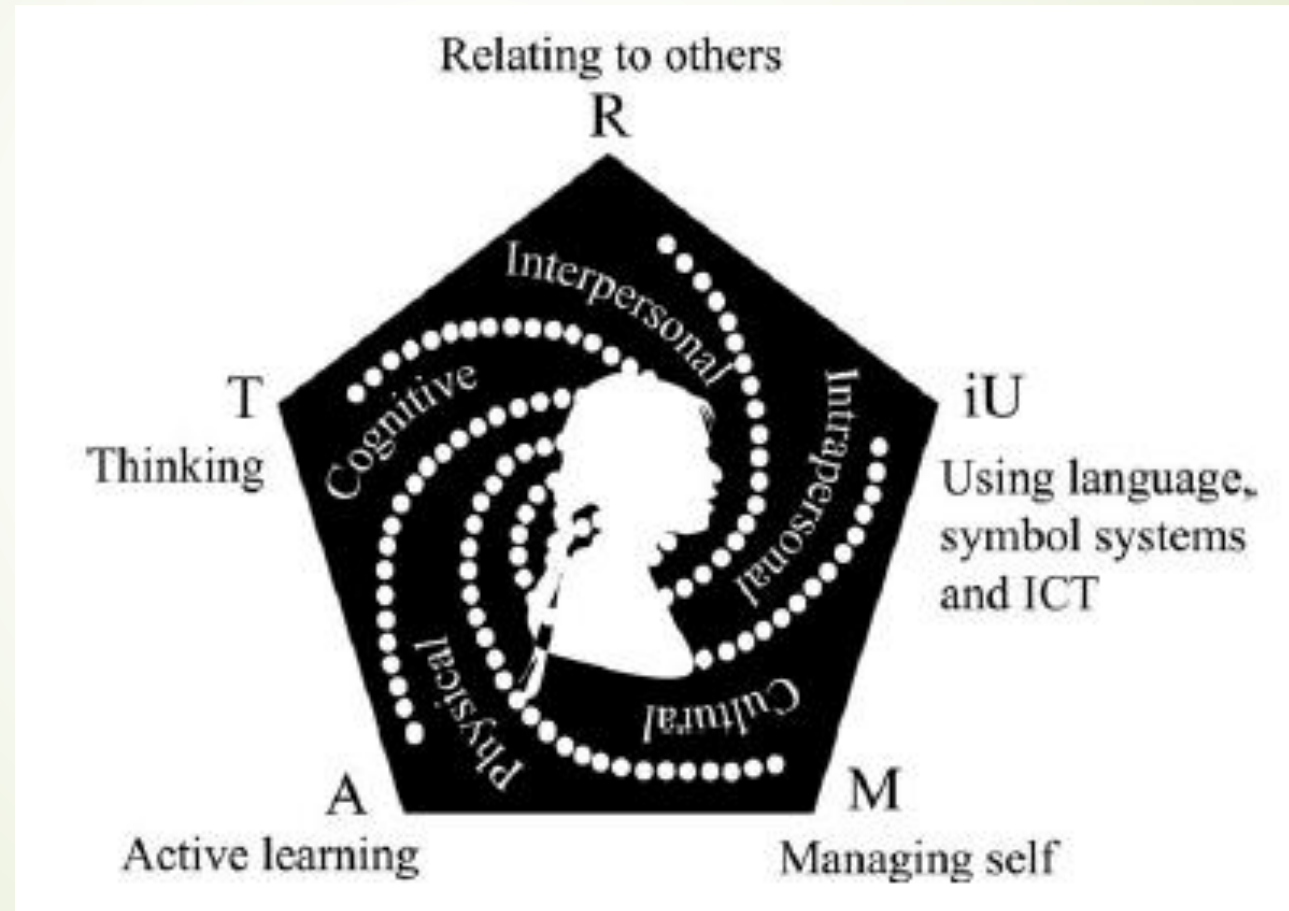


Activate learning



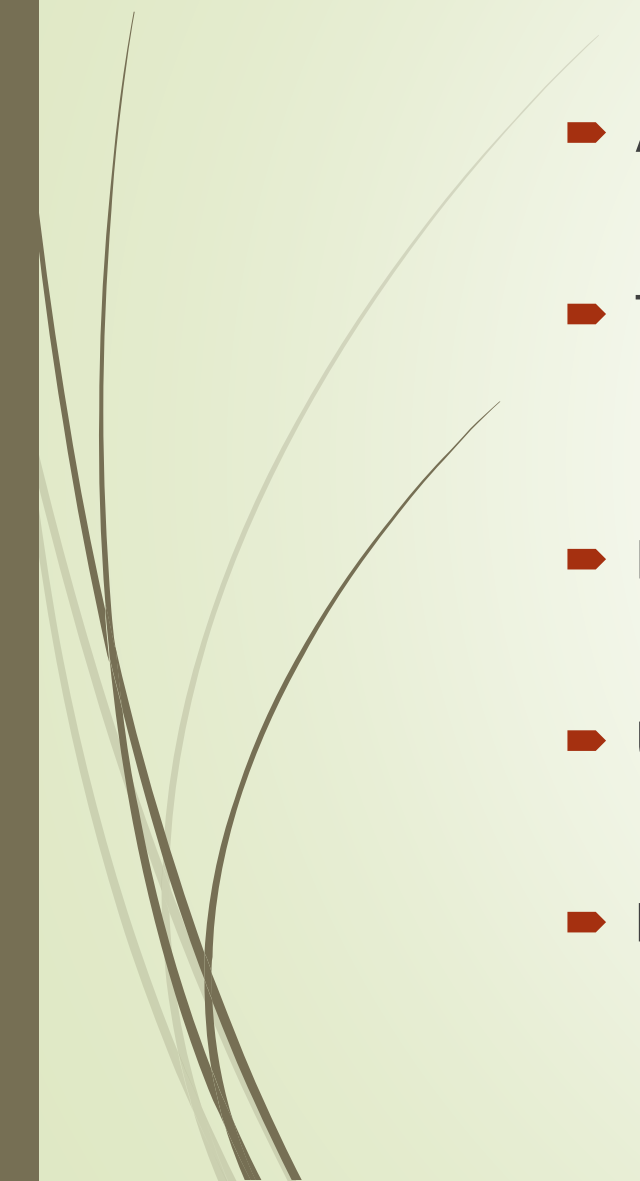
Teach
LEARN

ATRiUM holistic learning





ATRIUM

- Active learning
 - Learning activated through social & cultural activities
 - Thinking
 - Deeper thinking and creating an environment which promotes critical thinking
 - Relating to others
 - Understanding the needs of others
 - Using language symbol & ICT
 - Use of other means of communication, e.g. musical notes, IT etc.
 - Managing self
 - Choosing appropriate behavior, managing initiative, relationships
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Competence vis-a-vis Time

Knowledge

- Attrition

Skill

- Erosion

Attitude

- Change

Motivation

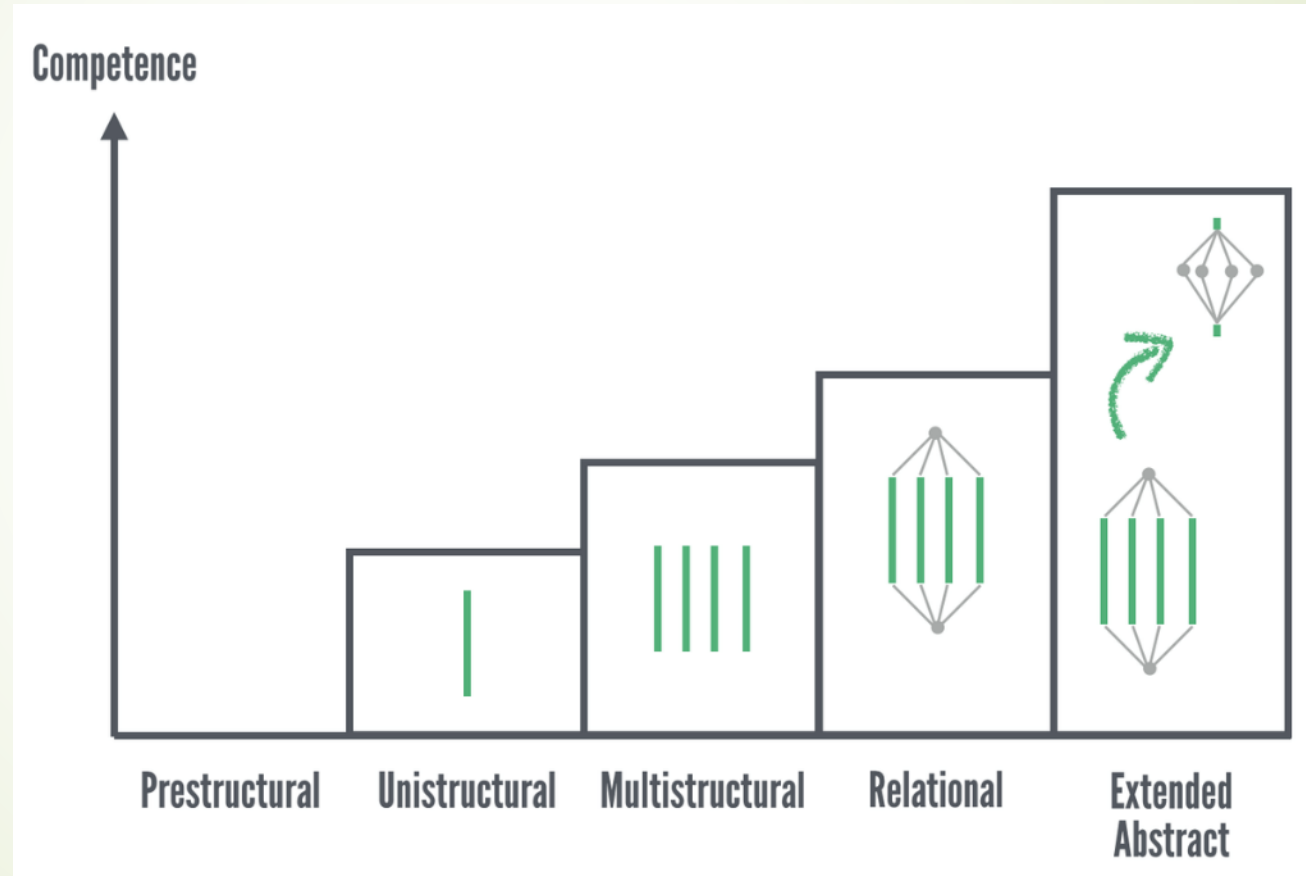
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Sustainable

- ▶ Able to continue over a period of time without loss
- ▶ There is a need to develop a strategy to retain and sustain
- ▶ Performance=Ability x Resource x **MOTIVATION**

Conceptual understanding Structure of Observed Learning Outcomes (SOLO)





Three step Vedic education process

- ***Shravan***, *listening attentively without interruption* (without past experience & bias)
- ***Manan***, memorizing everything you've listened or learned without manipulation or distortion of emotions
- ***Nidhidhyasan***, a continuous pursuit of questioning, challenging, re-learning, rejecting or re-affirming everything which you have learned



Practice Nidhidhyasana

- First two stages of teaching have a fixed duration
- Nidhidhyasana should be practiced for the rest of the life
- This prevents :
 - Old habitual thought patterns from reasserting themselves
 - Obscuring your existing knowledge and consciousness



Motivation

- Motivation is probably the most important factor to improve learning (Olson 1997)
- How do we know that a learner is motivated?(Williams & Williams 2011)
 - They ask questions
 - Volunteer answers
 - Appear to be happy and eager



➤ Motivate

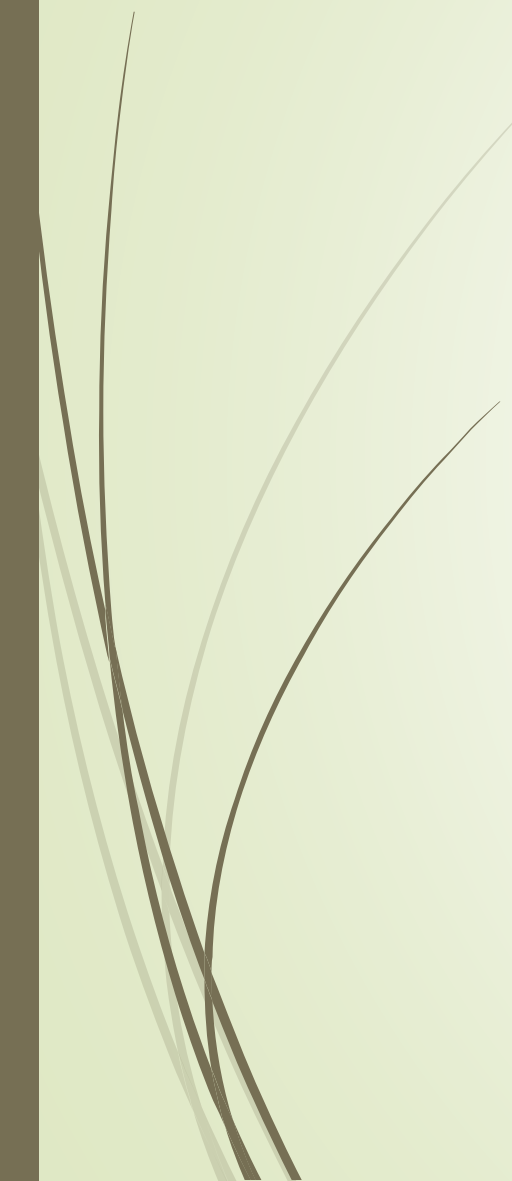
➤ Motivate

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➤ Motivate



Summary

- Knowledge, Skill and Attitude change over a period of time
 - The current methodology of CBTA does not sufficiently address sustainability.
 - Motivation is the key to sustenance and needs to be a part of competency
 - The new definition must include KSA & M.
 - Not just learners but trainers too must be motivated to perform.
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mindfully yours,

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